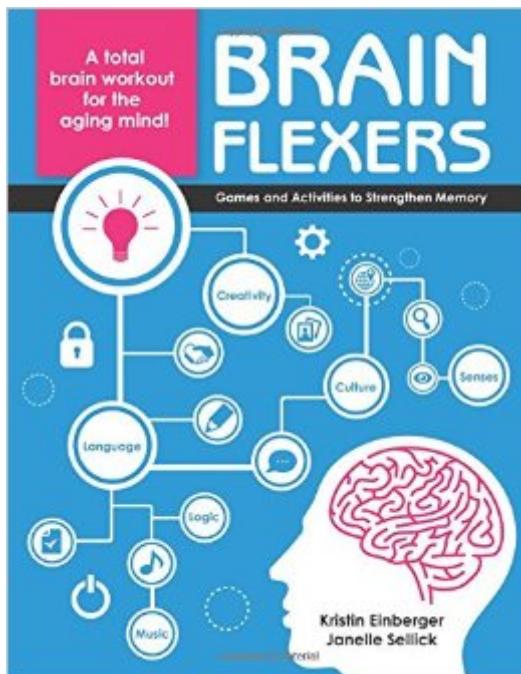


The book was found

Brain Flexers: Games And Activities To Strengthen Memory



Synopsis

This book is a collection of 86 one-page activities designed especially for individuals with early memory loss to help strengthen brain functioning, promote social interaction, and provide hours of meaningful entertainment. Using trivia, reminiscence, and word association, individuals can test their memory and gain new knowledge on a wide variety of topics related to people, places, and things. Activities use an assortment of matching, fill-in-the-blank, and brainstorming skills and can be enjoyed either by individuals or with groups. The book is divided into the following themes: Warm-ups, Sharpening Your Senses, Language, Geography, Creativity, History and Culture, Logic and Sequence, Music. Each activity includes answers as well as facilitator instructions.

Book Information

Paperback: 224 pages

Publisher: Health Professions Press; First edition (June 16, 2015)

Language: English

ISBN-10: 1938870379

ISBN-13: 978-1938870378

Product Dimensions: 8.4 x 0.6 x 10.8 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars (See all reviews) (1 customer review)

Best Sellers Rank: #1,073,253 in Books (See Top 100 in Books) #107 in Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Caregiving #119 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nursing Home Care #151 in Books > Health, Fitness & Dieting > Aging > Medical Conditions & Diseases

Customer Reviews

This book has been helpful for us at the skilled nursing home where I am the activity director. We have residents who range from those with early memory loss, to those who have no memory loss whatsoever. Because of this we need to stimulate every residents brain at or a bit beyond their own level. The fact that the book is a collection of different categories is great, because they have a different appeal to all the different levels of residents, as well as following different themes. The book is divided into the following themes--Warm-ups, Sharpening Your Senses, Language, Geography, Creativity, History and Culture, Logic and Sequence, and finally, Music. There are answers as well as facilitator instructions. There are a total of 86 activities designed especially for individuals with dementia to help strengthen their brain function, and provide hours appropriate mind

stimulating activities. By using trivia, reminiscence, and word association, your residents can test their knowledge on a wide variety of topics related to many areas of interest. The included activities use fill-in-the-blank, brainstorming skills and matching activities and can be enjoyed either with one on ones, or with groups.

[Download to continue reading...](#)

Brain Flexers: Games and Activities to Strengthen Memory Power Foods for the Brain: An Effective 3-Step Plan to Protect Your Mind and Strengthen Your Memory Brain Games for Kids #1 (Brain Games Kids) Quantum Memory Power: Learn to Improve Your Memory with the World Memory Champion! The Traumatized Brain: A Family Guide to Understanding Mood, Memory, and Behavior after Brain Injury (A Johns Hopkins Press Health Book) The Everything Kids' Math Puzzles Book: Brain Teasers, Games, and Activities for Hours of Fun Deep Sleep: Brain Wave Subliminal (Brain Sync Series) (Brain Sync Audios) Brain Boosters for Groups In a Jar: 101 brain-enhancing games to get teens moving and connecting National Geographic Kids Brain Games: The Mind-Blowing Science of Your Amazing Brain Horse Games & Puzzles: 102 Brainteasers, Word Games, Jokes & Riddles, Picture Puzzlers, Matches & Logic Tests for Horse-Loving Kids (Storey's Games & Puzzles) Wee Sing Games, Games, Games Giftology: The Art and Science of Using Gifts to Cut Through the Noise, Increase Referrals, and Strengthen Retention The Five Keys to Mindful Communication: Using Deep Listening and Mindful Speech to Strengthen Relationships, Heal Conflicts, and Accomplish Your Goals Chakras for Beginners: How to Activate and Balance Your Chakras to Strengthen Your Character and Live a Better Life Chakras for Beginners: How to Balance Chakras, Strengthen Aura, and Radiate Energy The Bare Bones Broth Cookbook: 125 Gut-Friendly Recipes to Heal, Strengthen, and Nourish the Body Fascinating Womanhood: The Updated Edition of the Classic Bestseller That Shows You How to Strengthen Your Marriage and Enrich Your Life Simple Worship in the War Room: How to Declutter Your Spiritual Life and Strengthen Your Faith (Battle Plan for Prayer Series Book 2) Strengthen Yourself in the Lord Study Guide: How to Release the Hidden Power of God in Your Life Pursuit of His Presence: Daily Devotions to Strengthen Your Walk with God

[Dmca](#)